

SUBMISSION OF MONTHLY REPORT OF NSS REGULAR ACTIVITIES

Consolidated Report for the Period of 16th September to 15th October 2021

Name of the college: MIMS COLLEGE OF NURSING, MALAPPURAM

Name of the Programme Officer: MS. MEENU PETER

ASSISTANT PROFESSOR

MIMS COLLEGE OF NURSNING

Unit registration no: (NSS/FU/MPM/KUHS/2)

Name of the Adopted Community: VAZHAYOOR

SL N O	DA TE	NAME OF THE PROGRAMME	NUM BER OF PAR TICI PAN TS	NO. OF HO URS	ACHIVEMENTS (BRIEF DESCRIPTION)
1.	21. 09. 21	WORLD ALZHEIMER'S DAY	80	4hrs	The NSS unit organized an AV Aids expo at PHC & health talk on rehabilitative aspects, psychological aspects and nursing management of Alzheimer's patients. The expo was conducted by 17 th batch students. They explained the charts and models on various subthemes of Alzheimer disease to the localites who visited PHC that day. The health talk was organized for the 3 rd year students via google meet online platform. The session lasted for an hour. Mr. Abraham Bose Neurophychologist, Aster MIMS Hospital and Ms.Pooja Shokeen, Sr. Lecturer of Mims college of Nursing, were the key speakers.





Fig. 1 The webinar held on Alzheimer's day

Fig.2 The NSS volunteers at AV Aids expo at PHC

29. 09. 21	World heart day	64	1 hr	As a part of world heart day, NSS unit and 17 th batch B.Sc Nursing students organized a webinar on Awareness, prevention and management of cardiovascular disease on
				4 th Monday October 2021 from 2pm to 3.30pm. Ms. Suja Raj L, Lecturer in nursing, Sree Chithira Thirunal Institute of Medical Sciences and Technology, Trivandrum was the resource person. The class was really interesting and informative. The session was hoisted via Google meet online platform.





Fig. 1 NSS Volunteers and faculty participating in Mass cleaning drive conducted at college campus and its premises

4. | 10. | World mental health day | 60 | 10. | 21 |

2 hrs The NSS unit and mental health department has organized a expert talk session as part of World mental health day observance on 10th October 2021 via Google meet online platform.



Fig.1 Webinar conducted on World Mental Health Day

Signature of Principal

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Signature of Programme Officer